

## Instruction

BP 6142.1(a)

### SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION

The Governing Board ~~recognizes that the purpose of the~~ desires to provide a well-planned, integrated sequence of medically accurate and inclusive instruction on comprehensive sexual health and human immunodeficiency virus (HIV) prevention. The district's ~~sexual health and HIV/AIDS prevention instruction is to~~ educational program shall provide students with the knowledge and skills necessary to protect them from sexually transmitted infections and unintended pregnancy and ~~sexually transmitted diseases and to encourage students to develop~~ to have healthy, positive, and safe relationships and behaviors. The district's educational program shall also promote understanding of sexuality as a normal part of human development and the development of healthy attitudes and behaviors concerning adolescent growth and development, body image, gender ~~roles~~, sexual orientation, dating relationships, marriage, and family. ~~The Board therefore desires to provide a well-planned sequence of instruction on comprehensive sexual health and HIV/AIDS prevention.~~ \_

*(cf. 5030 - Student Wellness)*

*(cf. 6142.8 - Comprehensive Health Education)*

Comprehensive sexual health education and HIV prevention education shall be offered to all students in grades 7-12, including at least once in junior high or middle school and at least once in high school. (Education Code 51934)

The district's curriculum shall support the purposes of the California Healthy Youth Act as specified in Education Code 51930-51939, be unbiased and inclusive of all students in the classroom, and be aligned with the state's content standards, ~~based on medically accurate and factual information, and designed to teach students to make healthy choices and reduce high-risk behaviors. The district's program shall comply with the requirements of law, Board policy, and administrative regulation and.~~ The district shall respect the rights of parents/guardians to supervise their children's education on these subjects and to impart values regarding human sexuality to their children.

*(cf. 5141.22 - Infectious Diseases)*

*(cf. 5141.25 - Availability of Condoms)*

*(cf. 5146 - Married/Pregnant/Parenting Students)*

*(cf. 6143 - Courses of Study)*

### Parent/Guardian Consent

A parent/guardian may request in writing that his/her child be excused from participating in sexual health and HIV/AIDS prevention ~~or sexual health~~ education. - Students so excused by their parents/guardians shall be given an alternative educational activity. - (Education Code 51240, 51938, 51939)

*(cf. 5022 - Student and Family Privacy Rights)*

**SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION** (continued)

A student shall not be subject to disciplinary action, academic penalty, or other sanction if the student's parent/guardian declines to permit the student to receive the instruction. -(Education Code 51939)

*Legal Reference:*

EDUCATION CODE

220 - *Prohibition of discrimination*

[33544 Inclusion of sexual harassment and violence in health curriculum framework](#)

48980 - *Notice at beginning of term*

51202 - *Instruction in personal and public health and safety*

51210.8 - *Health education curriculum*

[51225.35 Instruction in sexual harassment and violence; districts that require health education for graduation](#)

51240 - *Excuse from instruction due to religious beliefs*

51513 - *Materials containing questions about beliefs or practices*

51930-51939 - ~~Comprehensive Sexual Health and HIV/AIDS Prevention Education~~ [California Healthy Youth Act](#)

[67386 Student safety; affirmative consent standard](#)

HEALTH AND SAFETY CODE

1255.7 - *Parents surrendering physical custody of a baby*

PENAL CODE

243.4 *Sexual battery*

261.5 - *Unlawful sexual intercourse*

271.5 - *Parents voluntarily surrendering custody of a baby*

UNITED STATES CODE, TITLE 20

1232h - *Protection of student rights*

7906 - *Sex education*

*Management Resources: (see next page)*

**SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION** (continued)

*Management Resources:*

[CSBA PUBLICATIONS](#)

[Promoting Healthy Relationships for Adolescents: Board Policy Considerations, Governance Brief, August 2014](#)

[CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS](#)

[Health Education Content Standards for California Public Schools, Kindergarten Through Grade 12, 2008](#)

[Health Framework for California Public Schools: Kindergarten through Grade 12, 2003](#)

[WEB SITES](#)

CSBA: - <http://www.csba.org>

~~American Academy of Pediatrics: <http://www.aap.org>~~

~~American College of Obstetricians and Gynecologists: <http://www.acog.org>~~

~~American Public Health Association: <http://www.apha.org>~~

California Department of Education, Sex Education and HIV/STD

Instruction: - <http://www.cde.ca.gov/ls/he/se>

California Department of Public Health: <http://www.cdph.ca.gov>

California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

California Safe Schools Coalition: - <http://www.casafeschools.org>

Centers for Disease Control and Prevention: - <http://www.cdc.gov>

~~National Academy of Sciences: <http://www.nationalacademies.org>~~

~~U.S. Department of Health and Human Services, Office of the Surgeon General:  
<http://www.surgeongeneral.gov>~~

U.S. Food and Drug Administration: - <http://www.fda.gov>