


Perris Union High School District Course of Study

A. COURSE INFORMATION		
Course Title: <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">Unified Physical Education</div> New * Revised	Subject Area: <input type="checkbox"/> Social Science <input type="checkbox"/> English <input type="checkbox"/> Mathematics <input type="checkbox"/> Laboratory Science <input type="checkbox"/> World Languages <input type="checkbox"/> Visual or Performing Arts <input type="checkbox"/> College Prep Elective <input checked="" type="checkbox"/> Other	Grade Level <input type="checkbox"/> MS <input type="checkbox"/> HS <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input checked="" type="checkbox"/> 7 <input checked="" type="checkbox"/> 8 <input checked="" type="checkbox"/> 9 <input checked="" type="checkbox"/> 10 <input checked="" type="checkbox"/> 11 <input checked="" type="checkbox"/> 12
Transcript Title/Abbreviation: <div style="border: 1px solid black; height: 20px; width: 100%;"></div> (To be assigned by Educational Services)	Is this classified as a Career Technical Education course? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Transcript Course Code/Number: <div style="border: 1px solid black; height: 20px; width: 100%;"></div> (To be assigned by Educational Services)	Required for Graduation: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Meets UC/CSU Requirements? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Was this course <i>previously approved by UC</i> for PUHSD? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (Will be verified by Ed Services)	Credential Required to teach this course: <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <i>Single Subject: Physical Education</i> <i>To be completed by Human Resources only.</i> </div> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; padding: 2px; flex-grow: 1;"> <i>Spide D. Lita</i> Signature </div> <div style="border: 1px solid black; padding: 2px; text-align: center; flex-grow: 1;"> <i>12/7/09</i> Date </div> </div>	
Meets "AP" Requirements? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Meets "Honors" Requirements? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Submitted by: Pamela Karg & Lusiza Felix Site: SPED/APE Date: 11/13/19	Unit Value/Length of Course: <input type="checkbox"/> 0.5 (half year or semester equivalent) <input checked="" type="checkbox"/> 1.0 (one year equivalent) <input type="checkbox"/> 2.0 (two year equivalent) <input type="checkbox"/> Other:	
Approvals	Name/Signature	Date
Subject Area Council		11-17-19
Ed Planning Council		
PUHSD Board		

Prerequisite(s) (REQUIRED):

Prior PE teacher approval.

Corequisite(s) (REQUIRED):

None

Brief Course Description (REQUIRED):

This course combines students of all abilities to participate in developmentally appropriate activities including lifetime activities, physical fitness, and sport. Students will work together to increase competence and confidence in a variety of physical activities. Through ongoing leadership opportunities, members of this course will be empowered to help create a more inclusive and accepting school environment for all students.

B. COURSE CONTENT

Course Purpose (REQUIRED):

What is the purpose of this course? Please provide a brief description of the goals and expected outcomes. Note: More specificity than a simple recitation of the State Standards is needed.

The purpose of this class is for students to increase their physical fitness, improve their activity-specific skills, cooperate and work together with classmates, describe how to make better health and lifestyle choices and to increase their understanding of sports rules and strategies.

In Unified PE, all students enter the class on an equitable social footing. Students without disabilities are not meant to serve as helpers or mentors, but to be equitable classmates. All students should be encouraged to use their unique skills to support each other.

“Unified PE is a fully inclusive program. Whenever possible, approximately half of the students in this course should be, student with a disability; the other half should be students without a disability.” Special Olympics Unified PE resources pg 11.

Course Outline (REQUIRED):

Detailed description of topics covered. All historical knowledge is expected to be empirically based, give examples. Show examples of how the text is incorporated into the topics covered.

Increase in physical fitness and sport-specific skills (SHAPE National Standards 1 & 3)
Foster new friendships and social inclusion amongst classmates (SHAPE National Standards 4)

Reinforce positive habits and reasoning to make better health & lifestyle choices (SHAPE National Standard 5)
 Advance social and leadership competencies (SHAPE National Standard 4)
 Deepen understanding of activity/game/sport rules and strategies (SHAPE National Standard 2)
 Opportunities to develop movement confidence and competence in a variety of physical activities/activity settings (SHAPE National Standard 5)

Writing Assignments (REQUIRED):

Give examples of the writing assignments and the use of critical analysis within the writing assignments.

The class could include the following writing assignments: weekly reflections and journal topics

INSTRUCTIONAL MATERIALS (REQUIRED)

Textbook #1 NONE

Title:	Edition:
Author:	ISBN:
Publisher:	Publication Date:
Usage: <input type="checkbox"/> Primary Text <input type="checkbox"/> Read in entirety or near	

Textbook #2 NONE

Title:	Edition:
Author:	ISBN:
Publisher:	Publication Date:
Usage: <input type="checkbox"/> Primary Text <input type="checkbox"/> Read in entirety or near	

Supplemental Instructional Materials *Please include online, and open source resources if any.*

Access to general ed and/or Adapted PE equipment

Estimated costs for classroom materials and supplies (REQUIRED). *Please describe in detail.*

If more space is needed than what is provided, please attach backup as applicable.	
Cost for class set of textbooks: \$	Description of Additional Costs:
Additional costs:\$0	
Total cost per class set of instructional materials:	\$0

Key Assignments (REQUIRED):
Please provide a detailed description of the Key Assignments including tests, and quizzes, which should incorporate not only short answers but essay questions also. How do assignments incorporate topics? Include all major assessments that students will be required to complete
<ul style="list-style-type: none"> - Dressing out in proper PE attire - Fully participating to the student's personal capability - Following class and school rules - Weekly reflections/journal topics
Instructional Methods and/or Strategies (REQUIRED):
Please list specific instructional methods that will be use.
Direct, 1:1, small group, whole group, differential instruction, modeling, guided practice, peer interaction, verbal prompting, visual prompting, and partial physical prompting.
Assessment Methods and/or Tools (REQUIRED):
Please list different methods of assessments that will be used.
Fitnessgram physical fitness assessment, when appropriate. Informal teacher observation and record keeping of skill improvement and class participation.

COURSE PACING GUIDE AND OBJECTIVES (REQUIRED)				
Day(s)	Objective	Standard(s)	Chapter(s)	Reference
72	Students will be exposed to and engage in a variety of fitness related activities.	7th & 8th grade PE standard 3 & 4 High School PE standard 2		

36	Students will be exposed to and engage in a variety of cooperative games.	7th & 8th grade PE standard 1 & 5 High School PE standard 1 & 3.		
36	Students will be exposed to and engage in a variety of sport skill development activities.	7th & 8th grade PE standard 1 & 2. High School PE standard 1		
36	Students will be exposed to and engage in a variety of modified sport games.	7th & 8th grade PE standard 1, 2 & 5. High School PE standard 1 & 3		

C. HONORS COURSES ONLY

Indicate how much this honors course is different from the standard course.

N/A

D. BACKGROUND INFORMATION

Context for course (optional)

Unified PE is one component to becoming a Special Olympics Champion school.

History of Course Development (optional)