



PERRIS UNION

HIGH SCHOOL DISTRICT

Return to Athletic Conditioning, Workouts, and Play

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Introduction

The Perris Union High School District values our athletic programs and the opportunities they provide for our high school students. Athletics provide a way for students to connect with the school culture, establish lifelong friendships as well as work as a team toward a common goal. The benefits and life lessons that are taught to our student athletes are invaluable and shape who they are and will become.

On August 3, 2020, the California Department of Public Health published guidelines for sports and extra-curricular activities allowing the start of conditioning workouts most closely resembling Phase 2 in this plan. Following the county, state and federal health and safety guidelines, this document was prepared to guide coaches and instructors through the return of athletic training opportunities and workouts in a COVID-19 environment. The return to formal team competition is currently not authorized under state and county regulations. Guidance for that phase of activity will be provided when state and local authorities authorize those activities. Please note that this document is fluid and guidelines and recommendations will be modified as county, state, and federal health and safety guidelines change. This document does not replace other guidance provided by the Perris Union High School District. Those health and safety regulations must be adhered to. If you find a conflict between the guidance, you should consult your school's Athletic Director.

Scope

This plan is to take the athletes from no workouts through phases leading to competition that is currently scheduled to begin for some sports in Mid-December. Competition will resume under the guidance of State and County Health Officials.

Section 1

Phased Process for Conditioning & Workouts

Using guidelines from the California Interscholastic Federation (CIF), and National Federation of High School Sports (NFHS) for Return to Physical Activity/Training with the health and safety of students in mind, this document is intended to be a framework for schools within the Perris Union High School District to design standards for a return to physical activity/training in accordance with state and local county requirements/guidance.

The term "phases" as used in this document is intended to outline the methodical process for returning student athletes to physical activity/training on each campus. Each phase will be independent of each other. Progression between individual phases will be calculated and deliberate based on guidance from public health officials.

Student-athlete activities in each phase are determined by the COVID risk level of the sport and the potential of contracting COVID-19. Prior to starting any conditioning or practice activities student athletes will complete the participation clearance process that includes parent/guardian providing a health history and physical clearance provided by a medical professional.

- Low COVID risk sports primarily represent individual participation (Cross Country, Golf, Swimming, Tennis, Track & Field, Sideline Cheer/Song).
 - Tennis - singles only
 - Sideline cheer/song - no stunting
- Medium COVID risk sports are teams sports with low to medium contact (Baseball/Softball, Basketball, Soccer, Water Polo, Volleyball, Girls Lacrosse).
- High COVID risk sports are team sports with high contact (Football, Wrestling, Competition Cheer, Stunt Cheer, Boys Lacrosse).

An overview of the three phased process:

Phase One Criteria

- Outdoor conditioning only
- 1 coach to 10 students in pods
- No use of locker room
- Dedicated restrooms
- No athlete-to-athlete contact
- No shared equipment
- All low COVID risk sports are allowed to start modified practice (Modifications listed in table below)
- All medium and high COVID risk sports are only allowed to do conditioning workouts.

Low COVID Risk Sports	Modified Practice Guidelines
Cross Country	Runners should maintain at least 6 feet of distancing between individuals, no grouping (i.e. starts and finishes).
Golf	Maintain appropriate physical distancing 6 feet apart.
Sideline Cheer	Maintain 6 feet distance, no stunting is allowed.
Swimming and Diving	Swimmer should maintain 6 feet distance and not share a given lane with more than 3 people.
Tennis	No sharing of balls, each player may use their own set of balls to serve and use a racket to pass other balls (singles only).
Track and Field	Runners should maintain at least 6 feet of distancing between individuals, no grouping (i.e. starts and finishes). No sharing of implements / equipment. Padded equipment should be cleaned between use.
Medium and High COVID Risk Sports	Conditioning Workouts Only
Baseball/Softball, Basketball, Soccer, Water Polo, Volleyball, Girls Lacrosse, Football, Wrestling, Competition Cheer, Stunt Cheer, Boys Lacrosse	Running Bodyweight exercises (ie pushups, core exercises)

Phase Two Criteria

- Outdoor conditioning only
- 1 coach to 20 students in 10 person pods
- No use of locker room
- Dedicated restrooms
- No athlete-to-athlete contact
- No shared equipment
- Low COVID risk sports can resume practice
- Medium COVID risk sports can start modified practice (Modifications listed in table below)
- High COVID risk sports are only allowed to do conditioning workouts.

Low COVID Risk Sports	Practice Guidelines
Tennis, Golf, Cross Country, Sideline Cheer, Swimming, Track and Field	Resume normal practice (with frequent breaks for disinfection of equipment and student athlete hygiene).
Medium COVID Risk Sports	Modified Practice Guidelines
Volleyball	Conditioning, individual ball handling drills, each player has their own ball. A player should not use a single ball that others touch or hit in any manner.
Water Polo	Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should limit the use of a single ball among the team where multiple players touch the same ball.
Basketball	Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should not practice/pass a single ball among the team where multiple players touch the same ball.
Soccer	Conditioning, individual ball skill drills, each player has their own ball, feet only (no heading/use of hands), no contact between players.
Girls Lacrosse	Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should limit the use of a practice/pass a single ball among the team where multiple players touch the same ball.
Baseball/Softball	Conditioning and tee work. Players should not share gloves or bats or throw a single ball that will be tossed among the team. A single player may hit in cages, throw batting practice (with netting as backstop, no catcher). Prior to another athlete using the same balls, they should be collected and cleaned individually.
High COVID Risk Sports	Conditioning Workouts Only
Football, Wrestling, Competition Cheer, Stunt Cheer, Boys Lacrosse	Running Bodyweight exercises (ie pushups, core exercises)

Phase Three Criteria

- Outdoor and indoor conditioning
- 1 coach to 30 students
- No use of locker room
- Dedicated restrooms
- 3-6 ft apart
- No athlete-to-athlete contact
- Low and medium COVID risk sports are allowed to resume practice.
- High COVID risk sports can start modified practice (Modifications listed in table below)

Low and Medium COVID Risk Sports	Practice Guidelines
Tennis, Golf, Cross Country, Sideline Cheer, Swimming, Track and Field, Basketball, Baseball, Water Polo, Soccer, Volleyball, Girls Lacrosse, Baseball/Softball	Resume Practice (with frequent breaks for disinfection of equipment and student athlete hygiene).
High COVID Risk Sports	Modified Practice Guidelines
Football	Conditioning and individual drills. A player should not participate in drills with a single ball that will be handed off or passed to other teammates. Contact with other players is not allowed, and there should be no sharing of tackling dummies / donuts / sleds. Protective equipment prohibited.
Comp Cheer/Stunt Cheer	Conditioning and individual technique/choreography work. Students may not practice/perform partner or group stunts. Chants, jumps, dance, tumbling without contact are permissible as long as physical distancing is adhered to.
Wrestling	Conditioning, mirror drills with spacing, no contact. Wrestlers may skill and drill without touching a teammate (as long as physical distancing is adhered to).
Boys Lacrosse	Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should limit the use of a practice/pass a single ball among the team where multiple players touch the same ball.

Section 2

Program Elements & Implementation

A hazard assessment related to COVID-19 was conducted through a collaborative team consisting of the Athletic Directors, Director of Maintenance & Operations, District School Nurse and Director of Risk Management. The risk factors evaluated were in the following categories:

- Pre-workout Screening/Response/Contact Tracing
- Scheduling of Facilities
- Health & Safety
- Personal Hygiene
- Environmental Cleaning

Pre-Workout Screening

- Staff: The District has implemented a *daily* process of monitoring staff who report to departments and sites. All coaching staff are expected to complete the daily attestation report prior to coming on campus
 - It ensures communication is open between our sites and our M&O Department to help ensure our facilities are cleaned, and disinfected.
 - This is a self assessment tool, detailed personal information is not being collected.
 - Each site has a designated primary and secondary monitor to track responses and ensure all staff working on site have been cleared.
 - If a staff member responds “yes” to any of the symptoms, the form will automatically direct the staff member to contact Human Resources, who will determine how to proceed.
 - In the event that there are any potential visitors approved by the Athletic Directors, the existing [Visitor Screening Protocol](#) would be utilized for all campus locations.
- Students: Student athletes will be screened by site coaches, athletic trainers, and/or administrators for signs/symptoms of COVID-19 upon arrival to campus and prior to any workout. Screening includes responses to screening questions for each person and a temperature check.
 - Students must wear a mask throughout the screening process.
 - A fever is defined as a temperature of 100.4°F or higher, using a regular touch thermometer; 100°F or higher, when a non-touch thermometer is used.
- All data should be recorded and properly stored to ensure confidentiality, so that there is a record of everyone present in case a student-athlete or coach develops COVID-19 for the purposes of contact tracing.
 - Staff, student and cohort tracking

COVID-19 Response and Contact Tracing

- Any individuals reporting COVID-19 related symptoms on the pre-workout screening, develops symptoms during a practice or game, or presents with a temperature of 100°F/100.4°F (dependent on type of thermometer used) will be sent home.
 - The student would be separated from the immediate area and required to wear a mask while waiting to be picked up by parent/guardian and directed to follow up with their primary care provider.
- Any student with a positive COVID-19 test result should contact their site's Athletic Director who will report to the District School Nurse.
- When a student/staff tests positive, the current protocols from Riverside County Public Health will be followed for notification and quarantine purposes. Currently (9/22/20) those protocols include:
 - Notification of the cohort/pod of a known positive.
 - Quarantine any close contacts (within 6ft for more than 15 min without a mask) for 14 days from the date of last contact with the known positive case.
 - Reporting to Riverside County Public Health
 - Recommendation of testing for any close contacts.
- Anyone with a history of exposure or recent symptoms of COVID-19, will not be allowed to participate until Riverside County Public Health protocols allow their return in conjunction with being cleared by the District School Nurse or designated health staff.

Athletic Directors Contact Information:

Heritage- Scott Moore - scott.moore@puhsd.org

Paloma Valley- Ryan Sharp - ryan.sharp@puhsd.org

Perris- Ken Cohen - ken.cohen@puhsd.org

CMI- Rashiid Burgo - rashiid.burgo@puhsd.org

District School Nurse Contact Information:

Bevy Escobar - bevy.escobar@puhsd.org - Covers HHS, PHS, PLHS

Amanda Horta - amanda.horta@puhsd.org - Covers PVHS, PMS, CMI, PALS

Scheduling of Facilities

- Campus fields will be available after 3:15 p.m. until 7:00 p.m. Monday through Friday (cleaning/disinfecting schedules could vary at individual facilities)
- No conditioning/training is permitted during school hours
- All conditioning or practice sessions must be scheduled with the site Athletic Director. Coaches/teams who fail to schedule a practice session or follow the existing schedule, will be asked to leave the campus.

Health and Safety

In phases 1 and 2, there must be a minimum distance of 6 feet between each individual at all times. If this is not possible, then the maximum number of individuals on the field must be decreased until proper social distancing can occur. Social distancing needs to be maintained on sidelines and benches during practices. Consider using tape, cones or paint as a guide for students and coaches.

In phase 3, when not directly participating in practices or workouts, care should be taken to maintain a minimum distance of 3 to 6 feet between each individual. Use tape, cones or paint as a guide for students and coaches to maintain physical distancing, as needed.

STAFF: Protective equipment is available for all staff, please work with the Athletic Director for the respective site.

- Face coverings must be worn when there is any interaction with another person. Face coverings/face masks are available for staff, or staff can provide their own as long as it covers both their nose and mouth.
- Face Shields - available to provide an extra layer of protection in addition to the face mask.
 - CDC does not recommend the use of face shields for normal everyday activities or to be used as a substitute for masks.
- Gloves - available, if needed.

STUDENTS: Students are expected to wear face coverings at all times the exceptions being during swimming, distance running, aerobic activity or when drinking/eating.

Hydration

All student-athletes are expected to bring their own water bottle. Water bottles must not be shared.

- Hydration stations will not be utilized (water cows, water trough, water fountains, etc.).

Personal Hygiene

Individuals should wash their hands for a minimum of 20 seconds with soap and water.

- **Handwashing Postings** - Signs located at restrooms and sink areas.
- Hand sanitizer will be available for use when hand washing is not practical/available.
- Hand hygiene is recommended before/after practices or games and before/after equipment is shared.

Students and Staff are encouraged to shower and wash their workout clothing immediately upon returning to home.

Environmental Cleaning

Maintenance & Operations has implemented a cleaning schedule for all athletic facilities being used to mitigate any communicable diseases.

- In preparation of phase 1, restrooms needed for student-athlete use will be identified and reported to Maintenance & Operations to ensure areas that have been unoccupied can be brought back on line and deep cleaning initiated.
 - On-going daily cleaning and disinfecting will be scheduled.

- In phases 2 and 3 when the use of some indoor facilities and limited equipment is being utilized, these areas will be disinfected by either coaching staff or custodial staff depending on the nature of the items
 - Equipment specific to the sport or activity (ie balls, bats, sticks, benches, weight bars) will be disinfected by the coaching staff with the disinfectant and disposable towels provided.
 - Routine cleaning and disinfecting of utilized areas will be done by custodial staff daily.

Section 3

Training and Communication

Staff Training

All coaches and athletic training staff will receive training and information from their respective athletic director on their responsibilities related to the supervision of student athletes under Phase 1, 2 and 3 of this Plan. Training will include:

- Facts related to preventing the spread of COVID-19
- Orientation to materials used in teaching personal hygiene and safety to student athletes.
- Procedures for the proper use of disinfectant provided, including the frequency of cleaning and reporting procedures for additional cleaning or maintenance of the equipment and facilities.
- The use and availability of personal protective equipment (PPE)
- Expectation that all staff will wear face coverings when interacting with any person.
- Proper procedures to take if a student or adult demonstrates symptoms or a condition consistent with COVID-19.
 - Information minimizing the spread of COVID-19 will be provided to all student athletes.

Prevention of COVID-19 Spread

Coaches and Athletic Trainers have the responsibility to know the facts about COVID-19 and to teach student athletes the principles of how to prevent the spread of the disease. In addition, those supervising any student conditioning session or workout is responsible for enforcing the guidelines established to keep student athletes, coaching staff, and the community safe.

How COVID-19 Spreads:

- There is currently no vaccine to prevent coronavirus disease (COVID-19).
- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs, sneezes or talks.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
 - Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

To Minimize the Spread of COVID-19, Everyone Should:

Wash Hands Regularly

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol, and cover all surfaces of your hands, rubbing them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid Close Contact

- Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members.
- Put distance between yourself and other people outside of your home.
 - Remember that some people without symptoms may be able to spread viruses.
 - Stay at least 6 feet (about 2 arm's length) from other people.
 - Do not gather in groups.
 - Stay out of crowded places and avoid mass gatherings.
 - Keeping distance from others is especially important for people who are at higher risk of getting very sick.
- Avoid physical contact, such as high fives, handshakes, fist bumps and hugs.

Minimize sharing of personal items, equipment, and/or gear

- Keep belongings separate from others, such as gym bags and equipment when not in use.
- Do not share towels, clothing or any item used to wipe your face or hands.
- Avoid sharing food, drink containers (e.g. water bottles or coolers), and utensils.

Cover your mouth and nose with a cloth face cover when around others.

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
 - Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Individuals wearing a cloth face cover should be reminded to not touch their mask and to wash their hands frequently.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.
- In situations where individuals might raise their voices, such as shouting or chanting, it is strongly encouraged to wear a mask.

Respiratory Etiquette

- Spitting is not recommended, as it releases droplets into the environment.
- If you are in a private setting and do not have on your cloth face covering, remember to

always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.

- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect

- Clean AND disinfect frequently high touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
- Then, use a household disinfectant.
- Most common EPA-registered household disinfectants will work.

Monitor Your Health

- All Coaches and Trainers are expected to complete the daily attestation report prior to coming on campus.
- Parents and coaches should assess the level of risk for student athletes who may be at higher risk for severe illness, such as those individuals who may have asthma, diabetes or other health problems.
- Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.
- Follow CDC guidance if symptoms develop.

Appendix A

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, local governments and health agencies recommend many precautions, including social distancing, and have, in many locations, prohibited the congregation of groups of people.

Perris Union High School District Athletic and Co-Curricular Programs have implemented preventative measures to reduce the spread of COVID-19; however, the Perris Union High School District (PUHSD) cannot guarantee that you, your child(ren), and those whom you and/or your child(ren) encounter will not become infected with COVID-19. Further, participating in an athletic or co-curricular training session could increase your risk, your child(ren)'s risk, and the risk to those whom you and your child(ren) may encounter of contracting COVID-19.

By signing this agreement, I acknowledge the highly contagious nature of COVID-19 and voluntarily assume the risk that my child(ren), those whom I and/or my children encounter, and I may be exposed to or infected by COVID-19 by my child(ren) participating in athletic or co-curricular training sessions and/or my and/or another responsible adults' visit(s) to athletic and co-curricular training facilities and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death.

I understand that the risk of becoming exposed to or infected by COVID-19 at any PUHSD facility may result from the actions, omissions, and/or negligence of myself and others, including, but not limited to PUHSD representatives, including Board members, employees, and agents; volunteers; program participants, their families; and anyone the foregoing individuals may encounter. I understand that several government entities, including the Centers for Disease Control and Prevention, the California Department of Health, Riverside County Public Health, and others have released and continue to release guidelines designed to prevent the spread of COVID-19 ("Guidelines"). I agree to familiarize myself with all applicable Guidelines, including revisions to those Guidelines as they may be released from time-to-time, and adhere to all Guidelines on behalf of myself, my child(ren), and any responsible adult who acts on my behalf prior to and during my child(ren)'s participation in PUHSD athletic and/or co-curricular activities. I further agree to ensure that my child(ren) is/are properly prepared and equipped to participate in the PUHSD athletic and/or co-curricular activities program in accordance with the Guidelines. For example, I agree to ensure that myself, my child(ren), and responsible adults acting on my behalf shall not visit any PUHSD facilities, and/or any other PUHSD employees, participants, parents, responsible adults, and/or those whom the foregoing individuals may encounter if experiencing any COVID-19 symptoms or coming in contact with anyone who has experienced those symptoms within the timeframe established by appropriate government entities. I understand that PUHSD may offer input regarding

the Guidelines, but such input shall not, in any way, limit my obligation to familiarize myself with and follow any applicable Guidelines as described in this paragraph or my voluntary assumption of the risks and waiver of liability.

I voluntarily assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren), myself, and/or those whom I and/or my child encounter. For purposes of this Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19, I understand and agree that the term "injury" is interpreted in its broadest sense possible and includes, but is not limited to, personal injury, disability, death, illness, damage, loss of any kind whatsoever, claim, liability, or expense, of any kind, that I, my child(ren), and/or those whom we encounter may experience or incur in connection with my child(ren)'s participation in PUHSD athletic and/or co-curricular activities, including my and/or another responsible adults' visit(s) to PUHSD campuses ("Claims"). On my behalf, and on behalf of my children, and for any other responsible adult(s) who access PUHSD facilities on my behalf, I hereby forever release, covenant not to sue, discharge, and hold harmless PUHSD; and PUHSD representatives, including Board members, employees, and agents; of and from any and all Claims whatsoever, including any and all liabilities, claims, actions, damages, costs or expenses of any kind whatsoever arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of PUHSD; and PUHSD representatives, including Board members, employees, and agents, whether a COVID-19 infection occurs before, during, or after participation in any PUHSD program.

I have read and understand this Assumption of the Risk and Waiver of Liability Relating to coronavirus/COVID-19 in full and understand and voluntarily agree to all such provisions. I have consulted with counsel of my choosing, or chosen not to do so, in considering the terms of this Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19. I have the legal capacity to understand and execute this Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19. If any provision of this Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19 is found to be void, voidable, or unenforceable, the remaining terms shall remain in full force and effect.

Signature of Parent/Guardian

Date

Print Name of Parent/Guardian

Print Name of Participant

Appendix B

CIF Season of Sport for 2020-21

Season 1 with Date of 1st Contest

Boys Volleyball - 12/12/20
Girls Volleyball - 12/19/20
Boys Water Polo - 12/21/20
Girls Water Polo - 12/28/20
Cross Country - 12/26/20
Football - 1/8/21
 –Padded Practice starts 12/14/20

Season 2 with Date of 1st Contest

Girls Tennis - 2/22/21
Boys Soccer - 2/27/21
Girls Soccer - 2/27/21
Boys Tennis - 3/1/21
Boys Wrestling - 3/5/21
Girls Wrestling - 3/5/21
Boys Basketball - 3/12/21
Girls Basketball - 3/12/21
Boys Lacrosse - 3/12/21
Girls Lacrosse - 3/12/21
Boys and Girls Swimming - 3/13/21
Baseball - 3/19/21
Softball - 3/19/21
Track and Field - 3/20/21
Boys and Girls Golf - 3/20/21
Stunt Cheer - 3/27/21

Appendix C

COVID-19 Worksheet Pre-Screening Form

SPORT: _____

POD #: _____

WEEK OF: _____

NAME	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			
	Has student had any symptoms listed on this form in the last 72 hrs?		Temperature under 100F?		Has student had any symptoms listed on this form in the last 72 hrs?		Temperature under 100F?		Has student had any symptoms listed on this form in the last 72 hrs?		Temperature under 100F?		Has student had any symptoms listed on this form in the last 72 hrs?		Temperature under 100F?		Has student had any symptoms listed on this form in the last 72 hrs?		Temperature under 100F?	
1	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
2	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
3	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
4	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
5	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
6	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
7	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
8	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
9	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
10	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
11	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
12	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
13	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
14	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
15	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
16	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
17	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
18	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
19	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
20	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO

Symptoms: Fever, Cough, Sore Throat, Loss of Sense of Smell and Taste, Shortness of Breath, or Recently in contact with a known COVID-19 Positive Case