

## Regulation 6143: Courses of Study

**Original Adopted Date:** 03/21/2012 | **Last Revised Date:** 08/19/2020

**New Revised Date: 06/21/2023 (Pending Board Approval)**

### Grades 1-6

Courses of study for grades 1-6 shall include the following:

*(cf. ~~6146.5 - Elementary/Middle School Graduation Requirements~~)*

1. ~~1.~~ English: knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition (Education Code 51210)

*(cf. ~~6142.91 - Reading/Language Arts Instruction~~)*

2. ~~2.~~ Mathematics: concepts, operational skills, and problem solving (Education Code 51210)

*(cf. ~~6142.92 - Mathematics Instruction~~)*

3. ~~3.~~ Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in: (Education Code 51210)

~~a.~~ The history, resources, development, and government of California and the United States

a.

Instruction shall include the early history of California and a study of the role and contributions of men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society.- (Education Code 51204.5, 60040)

-

~~(cf. 6141.2 – Recognition of Religious Beliefs and Customs)~~

~~(cf. 6142.3 – Civic Education)~~

~~(cf. 6142.94 – History Social Science Instruction)~~

b. ~~b.~~ The development of the American economic system, including the role of the entrepreneur and labor

c. ~~c.~~ The relations of persons to their human and natural environments

d. ~~d.~~ Eastern and western cultures and civilizations

e. ~~e.~~ Contemporary issues

f. ~~f.~~ The wise use of natural resources

~~(cf. 6142.5 - Environmental Education)~~

- ~~4.~~ 4. Science: biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems (Education Code 51210)

~~(cf. 6142.93 - Science Instruction)~~

- ~~5.~~ 5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression (Education Code 51210)

~~(cf. 6142.6 - Visual and Performing Arts Education)~~

- ~~6.~~ 6. Health: principles and practices of individual, family, and community health, including instruction at the appropriate grade levels and subject areas in: (Education Code 51202, 51210)

- ~~a.~~ a. Personal and public safety and accident prevention, including instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation (CPR) when appropriate equipment is available

~~(cf. 6142.8 - Comprehensive Health Education)~~

- ~~b.~~ b. Fire prevention

~~c.~~ e.-The protection and conservation of resources, including the necessity for the protection of the environment

~~d.~~ d.-Venereal disease

~~(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Instruction)~~

~~e.~~ e.-The effects of alcohol, narcotics, drugs, and tobacco upon the human body

~~(cf. 5131.6 - Alcohol and Other Drugs)~~

~~f.~~ f.-Violence as a public health issue

~~7.~~ 7.-Physical education; with emphasis on physical activities conducive to health and vigor of body and mind- (Education Code 51210)

~~(cf. 6142.7 - Physical Education and Activity)~~

~~8.~~ 8.-Violence awareness and prevention

AR 6143(c)

9. ~~9.~~ Career awareness exploration

*(cf. 6178 - Career Technical Education)*

## **Grades 7-12**

Courses of study for grades 7-12 shall include the following:

*(cf. 6146.1 - High School Graduation Requirements)*

*(cf. 6146.5 - Elementary/Middle School Graduation Requirements)*

1. ~~1.~~ English: - knowledge and appreciation of literature, language, and composition, and the skills of reading, listening, and speaking (Education Code 51220)

*(cf. 6142.91 - Reading/Language Arts Instruction)*

2. ~~2.~~ Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, with instruction in: (Education Code 51220)

a. ~~a.~~ The history, resources, development, and government of California and the United States, including instruction in:

i. ~~(1)~~ The early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5)

ii. ~~(2)~~ World War II, including the role of Americans and Filipino Americans who served in the United States Army during that time

iii. ~~(3)~~ The Vietnam War, including the "Secret War" in Laos and role of Southeast Asians in that war

iv. ~~(4)~~ The Bracero program, in which there was a 1942 agreement between the United States and Mexico authorizing the temporary migration of laborers to the United States

~~a.~~ ~~b.~~ The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions

This course may include participation in a teen court or peer court program. (Education Code 51220.2)

~~the state and federal constitutions this course may include participation in a teen court or peer court program. (Education Code 51220.2)~~

~~(cf. 5138 – Conflict Resolution/Peer Mediation)~~

~~b.~~ ~~e.~~–The development of the American economic system, including the role of the entrepreneur and labor

~~c.~~ ~~d.~~–The relations of persons to their human and natural environments, including the wise use of natural resources (Education Code 51221)

*(cf. 6142.5 – Environmental Education)*

~~d.~~ ~~e.~~–Eastern and western cultures and civilizations

~~e.~~ ~~f.~~–Human rights issues, with particular attention to the study of the inhumanity of genocide (which may include, but is not limited to, the Armenian, Cambodian, Darfur, and Rwandan genocides), slavery, and the Holocaust

~~f.~~ ~~g.~~–Contemporary issues

*(cf. 6141.2 – Recognition of Religious Beliefs and Customs)*

*(cf. 6142.3 – Civic Education)*

*(cf. 6142.94 – History-Social Science Instruction)*

~~3.~~ ~~3.~~–World-language(s): understanding, speaking, reading, and writing, beginning not later than grade 7- (Education Code 51220)

*(cf. ~~6142.2 – World Language Instruction~~)*

- ~~4.~~ 4. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222- (Education Code 51220)

*(cf. ~~6142.7 – Physical Education and Activity~~)*

- ~~5.~~ 5. Science: physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences (Education Code 51220)

*(cf. ~~6142.93 – Science Instruction~~)*

- ~~6.~~ 6. Mathematics: mathematical understandings, operational skills, and problem-solving procedures; algebra- (Education Code 51220, 51224.5)

*(cf. ~~6142.92 – Mathematics Instruction~~)*

~~AR 6143(e)~~

- ~~7.~~ 7. Visual and performing arts:- dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression- (Education Code 51220)

*(cf. ~~6142.6 – Visual and Performing Arts Education~~)*



~~8.~~ 8. Applied arts: consumer education, family and consumer sciences education, industrial arts, general business education, or general agriculture (Education Code 51220)

~~9.~~ 9. Career technical/vocational-technical education: in the occupations and in the numbers appropriate to the personnel needs of the state and community served and relevant to the career desires and needs of students (Education Code 51220)

*(cf. 6178 - Career Technical Education)*

~~10.~~ 10. Comprehensive sexual health and HIV prevention (Education Code 51225.36, 51934)

*(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Instruction)*

~~11.~~ 11. Personal and public safety, accident prevention and health, including instruction in: (Education Code 51202, 51203)

~~a.~~ Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and ~~cardiopulmonary resuscitation (CPR)~~ when appropriate equipment is available

a.

Instruction shall be provided in compression-only CPR based on national guidelines and shall include hands-on practice. (Education Code 51225.6)

b. ~~b.~~ Fire prevention

c. ~~e.~~ The protection and conservation of resources, including the necessity for the protection of the environment

d. ~~d.~~ Venereal disease

#### **COURSES OF STUDY** (continued)

e. ~~e.~~ The effects of alcohol, narcotics, drugs, and tobacco upon the human body-

*(cf. 5131.6 - Alcohol and Other Drugs)*  
*(cf. 6142.8 - Comprehensive Health Education)*

f. ~~f.~~ Prenatal care for pregnant individuals

g. ~~g.~~ Violence as a public health issue

12.12-Violence awareness and prevention

13. Ethnic studies

13. Ethnic studies

Commencing in the 2025-26 school year, the district shall offer a two-semester course in ethnic studies as specified in Education Code 51225.3.

In addition, the course of study for grade 7 and/or 8 may include parenting skills and education, including, but not limited to, child growth and development, parental responsibilities, household budgeting, child abuse and neglect issues, personal hygiene, maintenance of healthy relationships, teen parenting issues, and self-esteem. (Education Code 51220.5)

High schools shall offer automobile driver education that includes instruction in: (Education Code 51220, 51220.1, 51220.4)

*(cf. 5146 - Married/Pregnant/Parenting Students)*

~~High schools shall offer automobile driver education that includes instruction in: (Education Code 51220, 51220.1, 51220.4)~~

1. 1-Vehicle Code provisions and other relevant state laws

2. 2-Proper acceptance of personal responsibility in traffic

3. 3-Appreciation of the causes, seriousness, and consequences of traffic accidents

4. ~~4.~~ Knowledge and attitudes necessary for the safe operation of motor vehicles

5. ~~5.~~ The safe operation of motorcycles

6. ~~6.~~ The dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle

7. ~~7.~~ The rights and duties of a motorist as they pertain to pedestrians and the rights and duties of pedestrians as they pertain to traffic laws and traffic safety

### **Certification of College Preparatory Courses**

The Superintendent or designee shall identify district courses that may qualify for designation as "a-g" college preparatory courses, including courses in history-social science, English, mathematics, laboratory science, languages other than English, visual and performing arts, career technical education, and college preparatory electives. The Superintendent or designee shall submit any necessary information regarding each identified course to the University of California (UC) for ~~an~~ "a-g" designation.

### **Notification and Information to Students in Grades 9-12**

At the beginning of each school year, the Superintendent or designee shall provide written notice to parents/guardians of students in grades 9-12 that, to the extent possible, shall not exceed one page in length and that includes all of the following: (Education Code 51229)

1. ~~1.~~ A brief explanation of the course requirements for admission to UC and the California State University (CSU)

- ~~2.~~ 2. A list of the current UC and CSU web sites that help students and their families learn about college admission requirements and that list high school courses that have been certified by UC as satisfying the requirements for admission to UC and CSU
  
- ~~3.~~ 3. A brief description of what career technical education is, as defined by the California Department of Education (CDE)
  
- ~~4.~~ 4. The Internet address for the portion of the CDE web site where students can learn more about career technical education
  
- ~~5.~~ 5. Information about how students may meet with school counselors to help them choose courses that will meet college admission requirements and/or enroll in career technical education courses

The Superintendent or designee shall provide information to students and parents/guardians regarding the completion and submission of the Free Application for Federal Student Aid (FAFSA) and/or the ~~Dream Act application at least once before grade 12.~~ California Dream Act Application (CADAA) at least once before grade 12. (Education Code 51225.8)

### Financial Aid Requirements for Students in Grade 12

Commencing in the 2022-23 school year, the Superintendent or designee shall ensure that each student in grade 12 completes and submits a FAFSA to the U.S. Department of Education or, if a student is exempt from paying nonresident tuition a CADAA to the Student Aid Commission (CSAC), unless either: (Education Code 51225.7)

~~(cf. 5145.6 -- Parental Notifications)~~  
~~(cf. 6164.2 -- Guidance/Counseling Services)~~

1. The student's parent/guardian, emancipated minor, or student age 18 years or older submits an opt-out form to the district

2. If the district determines that a student is unable to complete a requirement of Education Code 51225.7, the district shall exempt the student or the student's parent/guardian from completing the FAFSA, CADAA, or opt-out form and shall complete and submit an opt-out form on the student's behalf

The Superintendent or designee shall ensure that each high school student in grade 12, and if applicable, the student's parent/guardian, be directed to any support and assistance necessary to complete the FAFSA and/or CADAA that may be available through outreach programs, including, but not limited to, programs operated by CSAC, postsecondary immigration resource centers, college readiness organizations, community-based organizations, and/or legal resource organizations. (Education Code 51225.7)

Information shared by students and parents/guardians in completing and submitting the FAFSA and/or CADAA shall be handled in compliance with the federal Family Rights and Privacy Act and applicable state law, regardless of any person's immigration status or other personal information. (Education Code 51225.7)

~~Policy Reference Disclaimer:~~

~~These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.~~

<del>State</del>	<del>Description</del>
<del>5 CCR 10020-10043</del>	<del>Automobile driver education and training</del>
<del>5 CCR 10060</del>	<del>Criteria for high school physical education programs</del>
<del>5 CCR 430-438</del>	<del>Individual student records</del>
<del>5 CCR 4940</del>	<del>Nondiscrimination; course access</del>
<del>Ed. Code 200</del>	<del>Equal rights and opportunities in state educational institutions</del>
<del>Ed. Code 220</del>	<del>Prohibition of discrimination</del>
<del>Ed. Code 234.1</del>	<del>Student protections relating to discrimination, harassment, intimidation, and bullying</del>
<del>Ed. Code 234.7</del>	<del>Student protections relating to immigration and citizenship status</del>
<del>Ed. Code 33319.3</del>	<del>Driver education; CDE materials on road rage</del>

State	Description
Ed. Code 33540	Standards for government and civics instruction
Ed. Code 48980	Parent/Guardian notifications
Ed. Code 49060-49079	Student records
Ed. Code 51202	Instruction in personal and public health and safety
Ed. Code 51203	Instruction on alcohol, narcotics and dangerous drugs
Ed. Code 51204	Course of study designed for student's needs
Ed. Code 51204.5	History of California; contributions of men, women, and ethnic groups
Ed. Code 51210	Course of study for grades 1-6
Ed. Code 51220	Course of study for grades 7-12
Ed. Code 51241	Temporary two-year or permanent exemption from physical education
Ed. Code 51911-51921	Comprehensive health education
Ed. Code 51930-51939	California Healthy Youth Act
Ed. Code 51940	Curriculum for brain and spinal cord injury prevention
Ed. Code 60040-60052	Requirements for instructional materials
Ed. Code 66204	Certification of high school courses as meeting university admission criteria
Gov. Code 11135	<u>Prohibition of discrimination</u>
Gov. Code 7282-7282.5	Standards for responding to U.S. Immigration and Customs enforcement holds
Gov. Code 7283-7283.2	Standards for participation in U.S. Immigration and Customs enforcement programs
Gov. Code 7284-7284.12	Cooperation with immigration authorities
H&S Code 11032	Definition of dangerous drugs

	<b>State</b>	<b>Description</b>
	Pen. Code 422.55	Definition of hate crime
	<b>Federal</b>	<b>Description</b>
	20 USC 1232g	Family Educational Rights and Privacy Act (FERPA) of 1974
	34 CFR 99.1-99.67	Family Educational Rights and Privacy
	<b>Management Resources</b>	<b>Description</b>
	Website	<u>CSBA District and County Office of Education Legal Services</u>
	Website	<u>Federal Student Aid</u>
	Website	<u>American Red Cross, Hands-Only CPR</u>
	Website	<u>American Heart Association</u>
	Website	<u>California Student Aid Commission</u>
	Website	<u>University of California, A-G Course Submissions</u>
	Website	<u>University of California, List of Approved A-G Courses</u>
	Website	<u>California Career Resource Network</u>
	Website	<u>California State University, Admission Requirements</u>
	Website	<u>California Colleges.edu</u>
	Website	<u>California Department of Education</u>
	Website	<u>CSBA</u>
	Website	<u>U.S. Department of Education</u>

Cross-References

	<b>Code</b>	<b>Description</b>
	0415	<u>Equity</u>
	0460	<u>Local Control And Accountability Plan</u>
	0460	<u>Local Control And Accountability Plan</u>
	1340	<u>Access To District Records</u>
	1340	<u>Access To District Records</u>



Code	Description
3270	<u>Sale And Disposal Of Books, Equipment And Supplies</u>
3270	<u>Sale And Disposal Of Books, Equipment And Supplies</u>
3513.3	<u>Tobacco-Free Schools</u>
3513.3	<u>Tobacco-Free Schools</u>
5022	<u>Student And Family Privacy Rights</u>
5022	<u>Student And Family Privacy Rights</u>
5121	<u>Grades/Evaluation Of Student Achievement</u>
5121	<u>Grades/Evaluation Of Student Achievement</u>
5125	<u>Student Records</u>
5125	<u>Student Records</u>
5126	<u>Awards For Achievement</u>
5126	<u>Awards For Achievement</u>
5131.6	<u>Alcohol And Other Drugs</u>
5131.6	<u>Alcohol And Other Drugs</u>
5138	<u>Conflict Resolution/Peer Mediation</u>
5141.4	<u>Child Abuse Prevention And Reporting</u>
5141.4	<u>Child Abuse Prevention And Reporting</u>
5145.13	<u>Response To Immigration Enforcement</u>
5145.13	<u>Response To Immigration Enforcement</u>
5145.3	<u>Nondiscrimination/Harassment</u>
5145.3	<u>Nondiscrimination/Harassment</u>
5145.6	<u>Parent/Guardian Notifications</u>
5145.6-E PDF(2)	<u>Parent/Guardian Notifications</u>
5146	<u>Married/Pregnant/Parenting Students</u>

<b>Code</b>	<b>Description</b>
6000	<u>Concepts And Roles</u>
6011	<u>Academic Standards</u>
6141	<u>Curriculum Development And Evaluation</u>
6141	<u>Curriculum Development And Evaluation</u>
6141.2	<u>Recognition Of Religious Beliefs And Customs</u>
6141.2	<u>Recognition Of Religious Beliefs And Customs</u>
6141.5	<u>Advanced Placement</u>
6141.5	<u>Advanced Placement</u>
6142.1	<u>Sexual Health And HIV/AIDS Prevention Instruction</u>
6142.1	<u>Sexual Health And HIV/AIDS Prevention Instruction</u>
6142.3	<u>Civic Education</u>
6142.4	<u>Service Learning/Community Service Classes</u>
6142.5	<u>Environmental Education</u>
6142.6	<u>Visual And Performing Arts Education</u>
6142.7	<u>Physical Education And Activity</u>
6142.7	<u>Physical Education And Activity</u>
6142.8	<u>Comprehensive Health Education</u>
6142.8	<u>Comprehensive Health Education</u>
6142.91	<u>Reading/Language Arts Instruction</u>
6142.92	<u>Mathematics Instruction</u>
6142.93	<u>Science Instruction</u>
6142.94	<u>History-Social Science Instruction</u>
6144	<u>Controversial Issues</u>
6144	<u>Controversial Issues</u>

Code	Description
6145	<u>Extracurricular And Cocurricular Activities</u>
6145	<u>Extracurricular And Cocurricular Activities</u>
6145.8	<u>Assemblies And Special Events</u>
6146.1	<u>High School Graduation Requirements</u>
6146.1	<u>High School Graduation Requirements</u>
6146.11	<u>Alternative Credits Toward Graduation</u>
6146.11	<u>Alternative Credits Toward Graduation</u>
6146.11-E PDF(1)	<u>Alternative Credits Toward Graduation</u>
6146.3	<u>Reciprocity Of Academic Credit</u>
6146.3	<u>Reciprocity Of Academic Credit</u>
6151	<u>Class Size</u>
6151	<u>Class Size</u>
6152.1	<u>Placement In Mathematics Courses</u>
6152.1	<u>Placement In Mathematics Courses</u>
6153	<u>School-Sponsored Trips</u>
6153	<u>School-Sponsored Trips</u>
6155	<u>Challenging Courses By Examination</u>
6155	<u>Challenging Courses By Examination</u>
6155-E PDF(1)	<u>Challenging Courses By Examination</u>
6158	<u>Independent Study</u>
6158	<u>Independent Study</u>
6159	<u>Individualized Education Program</u>
6159	<u>Individualized Education Program</u>
6161.1	<u>Selection And Evaluation Of Instructional Materials</u>

Code	Description
6161.1	<u>Selection And Evaluation Of Instructional Materials</u>
6161.1-E PDF(1)	<u>Selection And Evaluation Of Instructional Materials</u>
6164.2	<u>Guidance/Counseling Services</u>
6172.1	<u>Concurrent Enrollment In College Classes</u>
6172.1	<u>Concurrent Enrollment In College Classes</u>
6173	<u>Education For Homeless Children</u>
6173	<u>Education For Homeless Children</u>
6173-E PDF(1)	<u>Education For Homeless Children</u>
6173.2	<u>Education Of Children Of Military Families</u>
6173.2	<u>Education Of Children Of Military Families</u>
6173.3	<u>Education For Juvenile Court School Students</u>
6177	<u>Summer Learning Programs</u>
6178	<u>Career Technical Education</u>
6178	<u>Career Technical Education</u>
6178.1	<u>Work-Based Learning</u>
6178.1	<u>Work-Based Learning</u>
6181	<u>Alternative Schools/Programs Of Choice</u>
6184	<u>Continuation Education</u>
6184	<u>Continuation Education</u>

---