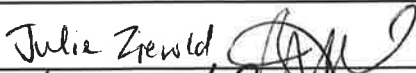



Perris Union High School District

Course of Study

A. COURSE INFORMATION		
Course Title: <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">Specially Designed Physical Education (SDPE)</div> New <input checked="" type="checkbox"/> Revised	Subject Area: <input type="checkbox"/> Social Science <input type="checkbox"/> English <input type="checkbox"/> Mathematics <input type="checkbox"/> Laboratory Science <input type="checkbox"/> World Languages <input type="checkbox"/> Visual or Performing Arts <input type="checkbox"/> College Prep Elective <input checked="" type="checkbox"/> Other	Grade Level <input type="checkbox"/> MS <input type="checkbox"/> HS <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input checked="" type="checkbox"/> 7 <input checked="" type="checkbox"/> 8 <input checked="" type="checkbox"/> 9 <input checked="" type="checkbox"/> 10 <input checked="" type="checkbox"/> 11 <input checked="" type="checkbox"/> 12
Transcript Title/Abbreviation: <div style="border: 1px solid black; height: 20px; width: 100%;"></div> (To be assigned by Educational Services)	Is this classified as a Career Technical Education course? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Transcript Course Code/Number: <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">705451/2</div> (To be assigned by Educational Services)		
Required for Graduation: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Credential Required to teach this course: <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p style="text-align: center; margin-top: 5px;"><i>To be completed by Human Resources only.</i></p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p style="text-align: center; margin-top: 5px;">Signature Date</p>	
Meets UC/CSU Requirements? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Was this course <i>previously approved by UC</i> for PUHSD? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (Will be verified by Ed Services)	Meets "Honors" Requirements? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Meets "AP" Requirements? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Unit Value/Length of Course: <input type="checkbox"/> 0.5 (half year or semester equivalent) <input checked="" type="checkbox"/> 1.0 (one year equivalent) <input type="checkbox"/> 2.0 (two year equivalent) <input type="checkbox"/> Other:	
Submitted by: Pamela Karg Site: SSC/SPED/APE Date: 5/16/2016		
Approvals	Name/Signature	Date
Director of Curriculum & Instruction		11/18/16
Asst. Sup. of Educational Services		11/29/16
PUHSD Board		

Prerequisite(s) (REQUIRED):
A current year Individualized Educational Program (IEP), with Specially Designed Physical Education (SDPE) indicated as the current PE program, on the special factors page.
Corequisite(s) (REQUIRED):
None
Brief Course Description (REQUIRED):
<p>This course was formerly called Modified PE, however, Specially Designed PE is the more appropriate title.</p> <p>Specially designed instruction means the content, methodology, or delivery of instruction is adapted to address the unique needs of the student that result from the student's disability (34 CFR 300.30[b]).</p> <p>This PE class will be based on the general education PE curriculum and standards and will be applied and taught to meet our special education students' needs.</p>

B. COURSE CONTENT

Course Purpose (REQUIRED):
<i>What is the purpose of this course? Please provide a brief description of the goals and expected outcomes. Note: More specificity than a simple recitation of the State Standards is needed.</i>
<p>“This physical education program is for a special education class with minimal or limited adaptations, accommodations or modifications and is provided for the children and taught by the person who normally teaches physical education for this population.” 5 CCR Sec. 3051.5(a)</p> <p>The goal of this class is to provide the least restrictive PE environment in which the special education student can be safe and successful. This class should offer accommodations such as lower class size and paraprofessional support.</p>
Course Outline (REQUIRED):
<i>Detailed description of topics covered. All historical knowledge is expected to be empirically based, give examples. Show examples of how the text is incorporated into the topics covered.</i>
Students will be working toward achieving grade level PE state standards.

Students will be exposed to a variety to PE concepts, such as warm up routines, cardio-vascular endurance, manipulative motor skills, rhythmic motor skills, physical fitness assessment, physical fitness concepts and strategies to improve health and performance, self-responsibility, social interaction and group dynamics.

Writing Assignments (REQUIRED):

Give examples of the writing assignments and the use of critical analysis within the writing assignments.

No writing assignments will be mandatory due to the vast range of abilities within this class.

INSTRUCTIONAL MATERIALS (REQUIRED)

Textbook #1

Title:	Edition:
Author:	ISBN:
Publisher:	Publication Date:
Usage: <input type="checkbox"/> Primary Text <input type="checkbox"/> Read in entirety or near	

Textbook #2

Title:	Edition:
Author:	ISBN:
Publisher:	Publication Date:
Usage: <input type="checkbox"/> Primary Text <input type="checkbox"/> Read in entirety or near	

Supplemental Instructional Materials *Please include online, and open source resources if any.*

Access to general ed and/or Adapted PE equipment

Estimated costs for classroom materials and supplies (REQUIRED). *Please describe in detail.*

If more space is needed than what is provided, please attach backup as applicable.

Cost for class set of textbooks: \$	Description of Additional Costs:
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Additional costs:\$0	
Total cost per class set of instructional materials:	\$0

Key Assignments (REQUIRED):
Please provide a detailed description of the Key Assignments including tests, and quizzes, which should incorporate not only short answers but essay questions also. How do assignments incorporate topics? Include all major assessments that students will be required to complete
<ul style="list-style-type: none"> - Dressing out in proper PE attire - Fully participating to the student's personal capability - Following class rules/routines
Instructional Methods and/or Strategies (REQUIRED):
Please list specific instructional methods that will be use.
Direct, 1:1, small group and differential instruction, modeling, guided practice, peer interaction, verbal prompting, visual prompting, and hand over hand prompting.
Assessment Methods and/or Tools (REQUIRED):
Please list different methods of assessments that will be used.
Fitnessgram physical fitness assessment, when appropriate. Informal teacher observation and record keeping of skill improvement and class participation.

COURSE PACING GUIDE AND OBJECTIVES (REQUIRED)				
Day(s)	Objective	Standard(s)	Chapter(s)	Reference
72	Students will be exposed to and engage in a variety of fitness related activities.	7th & 8th grade PE standard 3 & 4 High School PE standard 2		
36	Students will be exposed to and engage in a variety of cooperative games.	7th & 8th grade PE standard 1 & 5 High School PE standard 1 & 3.		

36	Students will be exposed to and engage in a variety of sport skill development activities.	7th & 8th grade PE standard 1 & 2. High School PE standard 1		
36	Students will be exposed to and engage in a variety of modified sport games.	7th & 8th grade PE standard 1, 2 & 5. High School PE standard 1 & 3		

C. HONORS COURSES ONLY

Indicate how much this honors course is different from the standard course.

N/A

D. BACKGROUND INFORMATION

Context for course (optional)

History of Course Development (optional)

